

ASSESSING & MANAGING SUICIDE RISK:

CORE COMPETENCIES FOR UNIVERSITY AND COLLEGE MENTAL HEALTH PROFESSIONALS

A one-day workshop for mental health professionals on assessing suicide risk, planning treatment, and managing the ongoing care of the at-risk client.

MONDAY, JUNE 1, 2009

8:30 AM TO 5:00 PM

UNIVERSITY OF MISSOURI
MEMORIAL UNION STOTLER LOUNGE
COLUMBIA, MO

PRESENTED BY THE JED FOUNDATION, THE
AMERICAN ASSOCIATION OF SUICIDOLOGY,
AND THE SUICIDE PREVENTION RESOURCE
CENTER (SPRC)

Special thanks to the University of Missouri for hosting the workshop.

This workshop was supported by a grant from Forest Laboratories, Inc.

Jointly Sponsored by:



Office of Continuing Professional Education



Suicidal behavior is a major cause of death and disability in the United States. More than 30,000 people die by suicide each year. Hundreds of thousands of people are treated in hospitals each year following a suicide attempt. A significant proportion of people who die by suicide have had recent contact with a mental health professional. However, many providers are inadequately trained to assess, treat, and manage suicidal patients or clients. This workshop was designed to address that training gap. It teaches essential core competencies that meet the needs of an entire spectrum of mental health professionals, including psychiatrists, psychologists, licensed counselors, and social workers.

Workshop Objectives:

- Gain knowledge in: managing one's own reactions to suicide; reconciling the clinician's goal to prevent suicide and a client's goal to eliminate psychological pain through suicide; maintaining a collaborative, non-adversarial stance; eliciting suicide ideation, behavior, and plans; making a clinical judgment of suicide risk; collaboratively developing an emergency plan; developing a written treatment and services plan; and developing policies and procedures for following clients closely.
- Experience increased willingness, confidence and/or clarity in working with individuals at risk for suicide.
- Build fundamental skills in assessing suicide risk.
- Identify changes to make in their practice, specific to the assessment and management of individuals at risk for suicide.

Workshop Components:

- 6 ½ hours of training, comprised of an engaging mix of lecture and exercises
- A 110-page participant manual, including an extensive bibliography and other valuable resources
- A video presentation, highlighting the competencies taught
- Journaling throughout the day and ample time for discussion

Presenter:

Barbara Hardin, PhD, is a clinical psychologist who has served as the Director of Psychological and Testing Services at St. Mary's University in San Antonio, TX for the past 13 years. Prior to coming to St. Mary's, she was in private practice in New Orleans, LA, for 13 years. She is the past president of the Texas University and College Counseling Directors' Association.

Registration:

Register for the AMSR workshop online at
<http://jedfoundation.org/MissouriAMSR>

Deadline: Friday, May 22, 2009.

No walk-ins will be accepted.

Continuing Education Credits:

(No partial credit will be given for partial attendance.)

- NASW and NBCC: This program is approved by the National Association of Social Workers for 6.5 CE contact hours, and by the National Board of Certified Counselors for 6.5 CE hours, which is equivalent to 65 clock hours. *These CE credits will be free-of-charge for participants.*
- APA: SPRC is approved by the American Psychological Association to sponsor CE for psychologists. SPRC maintains responsibility for this program and its content. Participants may receive 6.5 hours of APA CE credit. *There will be a \$35 charge for these credits.*
- CME:
 - ▶ Accreditation: This activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Rochester School of Medicine and Dentistry and SPRC. The University of Rochester School of Medicine and Dentistry is accredited by the ACCME to provide continuing medical education for physicians.
 - ▶ Certification: The University of Rochester School of Medicine and Dentistry designates this educational activity for a maximum of 6.75 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity. *There will be a \$35 charge for these credits.*

For more information:

Contact Joan Masters, Senior Coordinator, Partners in Prevention, Masters.J@missouri.edu or 573-884-7551 or Juliet Konvisser at The Jed Foundation (212-647-7544 or jkonvisser@jedfoundation.org). This event will be wheelchair accessible. If you need additional accommodations, please inform Joan Masters.